

WE CLAIM:

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1. An enteral composition designed for metabolically stressed patients comprising:
- a protein source comprising approximately 15% to 20% of the calorie distribution of the composition;
- a carbohydrate source; and
- a lipid source including a mixture of medium and long chain triglycerides, the enteral composition having a caloric density of at least approximately 1.4 kcal/mL.
2. The enteral composition of Claim 1 wherein the lipid source comprises approximately 20% to 50% of the calorie distribution of the composition.
3. The enteral composition of Claim 1 wherein the composition provides a ratio of non-protein calories per gram nitrogen of at least approximately 90:1.
4. The enteral composition of Claim 1 including 100% of U.S. RDA in approximately 1500 kcal.
4. 5. The enteral composition of Claim 1 wherein the protein source comprises approximately 16% of the calorie distribution of the composition; the carbohydrate source comprises approximately 51% of the calorie distribution of the composition; and the lipid source

comprises approximately 33% of the calorie distribution of the composition.

7 6. The enteral composition of Claim 1 wherein the protein source consists essentially of partially
5 ~~hydrolyzed whey proteins.~~

6 7. The enteral composition of Claim 1 wherein the composition includes per 1500 kcal of composition:

a zinc source providing from approximately 28.5 to 43.5 mg;

10 a vitamin C source providing from approximately 405 to 615 mg;

a selenium source providing from approximately 60 to 90 mg;

15 a taurine source providing from approximately 120 to 180 mg; and

a L-carnitine source providing from approximately 120 to 180 mg.

6 8. The enteral composition of Claim 1 further including a source of beta-carotene.

20 9. A method for providing nutrition to a metabolically stressed patient comprising the step of
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a carbohydrate source; and

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15. The method of Claim 7 wherein the composition includes per 1500 kcal of composition:

a zinc source providing from approximately 28.5 to 43.5 mg;

5 a vitamin C source providing from approximately 405 to 615 mg;

a selenium source providing from approximately 60 to 90 mg;

10 a taurine source providing from approximately 120 to 180 mg; and

a L-carnitine source providing from approximately 120 to 180 mg.

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15. The method of Claim 7 wherein the composition further includes a source of beta-carotene.

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17. An enteral composition for a metabolically stressed patient comprising:

about 15% to about 20% of the calorie distribution of the composition of partially hydrolyzed whey protein;

a carbohydrate source; and

20 a lipid source including a mixture of medium and long chain triglycerides;

the composition having a caloric density of at least ~~about~~ 1.4 kcal/ml and a ratio of non-protein calories per gram of nitrogen of at least about 90:1.

116/18. The enteral composition of Claim 17 wherein
5 the carbohydrate source provides about 35% to about 65% of calories and the lipid source provides about 20% to about 50% of calories.

117/19. The enteral composition of Claim 17 which
includes, per 1500 kcal:

10 a zinc source providing from about 28.5 to about 43.5 mg zinc;

a vitamin C source providing about 405 to 615 mg vitamin C;

15 a selenium source providing about 60 to about 90 mg selenium;

a taurine source providing about 120 to about 180 mg taurine; and

an L-carnitine source providing about 120 to about 180 mg L-carnitine.

118/20. The enteral composition of Claim 17 which
20 has a caloric density of about 1.4 to about 1.8 kcal/ml.

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